

New Policies that will Improve Student Nutrition and School Food in LAUSD

Healthy Beverage Resolution - "Soda Ban" (August 2002)

- ❖ Schools are prohibited from selling high calorie, high sugar drinks, including the sale of sodas, as of January 2004.
- ❖ Only beverages that meet the nutritional guidelines set forth by the motion can be sold and advertised in vending machines, cafeterias and student stores
- ❖ Schools cannot make or renew any contract for the sale of non-approved beverages.
- ❖ Only approved beverages can be sold before, during and until _ hour after the school day ends.
- ❖ The District's Office of Inspector General will audit schools to monitor their compliance of this motion.

Obesity Prevention Motion (October 2003)

Key Components include:

- ❖ "Junk food" and high fat, high calorie snacks will not be available for sale as of July 2004.
- ❖ Only snacks that meet the nutritional guidelines set forth by the motion can be sold and advertised in vending machines, cafeterias and student stores.
- ❖ Only the approved snack items can be sold before, during and until _ hour after the school day ends.
- ❖ 1 vegetarian option will be available in the cafeteria in addition to the salad bar.
- ❖ 5 District schools will participate in an a la carte soymilk pilot program.
- ❖ 2nd Chance Breakfast will be in every school within 2 years.
- ❖ Food Services must plan to eliminate branded fast-food products within 3 years.
- ❖ Every school cafeteria will be equipped with a salad bar within 6 years.
- ❖ Food Services must develop an outreach plan for regular community input regarding the District's meal programs.

Irradiation Motion (September 2003)

- ❖ Prohibits the use of irradiated food products at all District school sites and meal programs.

* Please see attached list of approved beverages and snacks available for sale.