

# Collegiate Assistance Program

Reliable,  
confidential  
information is  
just a phone  
call away  
— 24 hours  
a day  
7 days  
a week.

Now you can speak with a Registered Nurse or Student Assistance Specialist any time, day or night. A caring professional can help you make informed decisions about your physical and mental health. Collegiate Assistance Program can give you information and support when you:

- Aren't sure if you have a serious medical problem
- Want to learn how to take care of a new or chronic condition
- Need advice on dealing with the common stresses of life
- Need information about medications, tests or procedures

**It's simple — just call our toll-free number!**

**1-877-643-5130**

Collegiate Assistance Program is provided by OptumHealth Behavioral Solutions and Optum Health Care Solutions. Collegiate Assistance Program is not a substitute for medical attention. If you have an emergency medical condition, please call 911 or your local emergency services number.